

2010 Sailing Programs

Optimist Programs (Under 13 Years)

Opti Wet Feet (4-6 Year Olds)

A camp designed for little sailors wanting to familiarize themselves with salt water, sea life, and sailing. A focus on fun and being comfortable on the water. Small class sizes with certified instructors.

Opti Basic (7-11 Year Olds)

This program introduces children to sailing in a fun-oriented environment. With two sailors per boat, children work on the basics of sailing in a confident and enjoyable atmosphere.

Opti Advanced (Pre-req: Opti Basic)

Learn how to single-hand a boat and sail by yourself. Young sailors continue to develop basic sailing skills learned in Opti Basic as well as develop more advanced skills into their sailing with more independence.

Opti Race (Pre-req: Opti Advanced)

For the experienced Opti sailor, this course is an introduction into racing one of the most popular boats in the world. Learn rules, sportsmanship, and further advanced sailing skills.

Cancellation and Minimum Enrollment Policy:

A cancellation fee of \$50 (plus credit card transaction fees if they apply) will be charged on all accepted registrations.

No refunds for cancellations made less than 14 days prior to the start of the course. All courses subject to a minimum enrollment.

Sailing Programs (Over 12 Years)

Basic Sail (12 Years and Older)

The Canadian Yachting Association accredited Basic Sailing Course for new sailors or those with limited sailing experience. Sailors will learn the basics of sailing in our Club Flying Junior sailboats covering the three White Sail Levels. The course includes safety, crewing, skippering, terminology, and knots. Three students to a boat creates teamwork in a fun, safe, and socially rewarding environment

Advanced Sail (Pre-req: White Sail III)

Advanced Sailing uses Club 420 sailboats. Bronze Sail IV & V Skills will include the challenge of Spinnaker and Trapeze work, sail theory, advanced boat handling, and basic boat maintenance.

Basic & Advanced Racing

(Pre-Req: Bronze V)

Race training camp for Beginner to Advanced Racing Sailor where the athlete can work toward their Silver or Gold Sail levels following Bronze V completion. Training will hone sailing skills, teach tactics and strategy, racing basics, and regatta preparation.

Learn to Race (Pre-Req: White Sail III)

Learn to Race is the Canadian Yachting Association introduction to the world of sailboat racing. This course continues to refine skills while introducing the basics of racing (starts, mark rounding, tactics, strategy, rules).

Adult Sailing Programs (Over 18 Years)

Adult Basic Sailing

Evening Classes for Canadian Yachting Association White Sail I, II, and III covering basic sailing skills. This is an adult class for the beginner sailor or those with limited experience.

Adult Advanced Sailing

Advanced sailing skills for those who have completed the CYA White Sail III Level. In Bronze Sail IV & V sailors will refine their sailing skills in heavier winds working on boat handling, sail theory, spinnaker and trapeze, as well as the basics of boat maintenance

Adult Learn to Cruise

This introductory course introduces the novice or experienced dinghy sailor to the world of keelboat sailing. In our fleet of keel boats students will learn the art of sailing, crew work, docking and seamanship in small keelboats. Come discover the world of cruising while sailing the picturesque Cadboro Bay, Oak Bay, and the Chain Islands.

Coaching Pre-Course

Have you finished your Bronze 5, your Silver, or your Gold Sail? Looking for what to do next? Have you always wanted to be a sailing coach? This new course helps prepare you for your CYA courses that you must take to become a sailing coach. Learn what to teach and how to teach it. Get a head start and practice your sailing, coach boat and presenting skills in a fun environment. This course is a recommended prerequisite for all CYA Coaching Courses (Fundamental, White Sail Coach - Tech 1, Bronze Sail Coach - Tech 2)

Royal Victoria Yacht Club

Est. 1892



2010 Learn to Sail Programs

Royal Victoria Yacht Club
3475 Ripon Road
Victoria, BC, V8R 6H1
250-592-6113
sailing@rvyc.bc.ca
www.rvyc.bc.ca

Courses, Prices, and Session Dates

To register please visit www.rvyc.bc.ca and click on “Instructional Sailing Program” under “Learning.”

Opti Sailing Programs (Under 13 Years)

Opti Wet Feet \$240 Public / \$205 Members (plus applicable taxes)	
Session 1: July 5-16, 9:00am to 12:00pm	Session 2: July 5-16, 1:00pm to 4:00pm
Session 3: July 19-30, 9:00am to 12:00pm	Session 4: July 19-30, 1:00pm to 4:00pm
Session 5: August 16-27, 9:00am to 12:00pm	Session 6: August 16-27, 1:00pm to 4:00pm

Opti Basic \$270 Public / \$235 Members (plus applicable taxes)	
Session 1: July 5-16, 9:00am to 12:00pm	Session 2: July 5-16, 1:00pm to 4:00pm
Session 3: July 19-30, 9:00am to 12:00pm	Session 4: July 19-30, 1:00pm to 4:00pm
Session 5: August 2-13, 9:00am to 12:00pm	Session 6: August 2-13, 1:00pm to 4:00pm
Session 7: August 16-27, 9:00am to 12:00pm	Session 8: August 16-27, 1:00pm to 4:00pm

Opti Advanced \$270 Public / \$235 Members (plus applicable taxes)	
Session 1: July 5-9, 9:00am to 4:00pm	Session 2: July 12-16, 9:00am to 4:00pm
Session 3: July 19-23, 9:00am to 4:00pm	Session 4: August 2-6, 9:00am to 4:00pm
Session 5: August 9-13, 9:00am to 4:00pm	Session 6: August 23-27, 9:00am to 4:00pm

Opti Race \$270 Public / \$235 Members (plus applicable taxes)	
Session 1: July 26-30, 9:00am to 4:00pm	Session 2: August 16-20, 9:00am to 4:00pm
Session 3: August 30-September 3, 9:00am to 4:00pm	

Sailing Programs (Over 12 Years)

Basic Sail \$530 Public / \$480 Members (plus applicable taxes)	
Session 1: July 5-16, 9:00am to 4:00pm	Session 2: July 19-30, 9:00am to 4:00pm
Session 3: August 2-13, 9:00am to 4:00pm	Session 4: August 16-27, 9:00am to 4:00pm

Advanced Sail \$530 Public / \$480 Members (plus applicable taxes)	
Session 1: July 5-16, 9:00am to 4:00pm	Session 2: July 19-30, 9:00am to 4:00pm
Session 3: August 2-13, 9:00am to 4:00pm	

Basic & Advanced Racing \$530 Public / \$480 Members (plus applicable taxes)	
Session 1: July 5-23, 9:00am to 4:00pm	

Learn to Race \$270 Public / \$235 Members (plus applicable taxes)	
Session 1: August 30-September 3, 9:00am to 4:00pm	

Coaching Pre-Course \$270 Public / \$235 Members (plus applicable taxes)	
Session 1: August 30-September 3, 9:00am to 4:00pm	

Adult Sailing Programs (Over 18 Years)

Adult Basic Sailing \$335 Public / \$305 Members (plus applicable taxes)	
Session 1: June 2-28 (Mon/Wed), 6:00-9:00pm	Session 2: June 5-26 (Sat), 9:00am to 4:00pm
Session 3: July 3-24 (Sat), 9:00am to 4:00pm	Session 4: July 5-28 (Mon/Wed), 6:00-9:00pm

Adult Advanced Sailing \$335 Public / \$305 Members (plus applicable taxes)	
Session 1: August 2-25, (Mon/Wed) 6:00pm to 9:00pm and (Sat) 9:00am to 4:00pm	

Adult Learn to Cruise \$335 Public / \$305 Members (plus applicable taxes)	
Session 1: June 1-24 (Tue/Thu), 6:00-9:00pm	Session 2: July 6-29 (Tue/Thu), 6:00-9:00pm
Session 3: August 3-26 (Tue/Thu), 6:00pm to 9:00pm	

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